

Gloves Off

Jo-Anne Wilson MBE RN QN
Registered Manager, Galanos House



Ex-Service and dependents

101 Beds

Higher proportion of male residents

Poppy Lodge Butterfly Household Model

Day Club and Respite

GSF Platinum status

Community Hub

CQC Outstanding





PHOTOGRAPHY Competition

15th June
Nature Photography Day
#NaturePhotographyDay

Theme
Warwickshire countryside
Wildlife
Nature

How To Enter
Let's celebrate nature! Get out in the Warwickshire countryside during the 'Walking Month of May' and capture the natural beauty that it has to offer - you can take part with whatever equipment you like.

Category's
Under 10s | 10-18 Years | 19 Years + | Primary Veterans

Submit your entry to us or send via email. Please include your name, age and where you took the photo by 15th June 2023. galanos@galanos.org.uk

Selected work will be exhibited on 28th June and during Warwickshire Open Studios Summer Arts Week. Winners and prizes will be announced on 13th June.

Free entry

Galanos Goes Green

ROYAL BRITISH LEGION Galanos House
Banbury Road, Southam, Warwickshire,
CV47 2BL ☎ 01926 812185

warwickshire open studios
Summer Arts Week 17th June - 23rd July

School Uniform Wanted

Galanos Goes Green

Donations welcome

We welcome all clean uniform that is in a good condition from local schools, including PE kits and sports footwear (but excluding underwear and well-used shoes).

FREE SWAP SHOP SAT 12TH AUG 2:30pm

ROYAL BRITISH LEGION Community Hub and Cafe
RBLCommunityHub ☎ 01926 812185 Ext. 5365



Interested in growing some plants or have any words of wisdom to share? Please come down to Galanos house, there is also a bokashi compost demonstration for anyone looking to add to their garden! You are welcome to bring in your own plants as well!

When: 20th May

Time: 2:30pm-4pm

Where: Galanos House
Banbury Road
Southam
CV47 2BL

There will be a cake sale with cream teas available as well!!!



LAST OUT LIGHTS OFF

Thank you

Galanos Goes Green

Volunteer opportunity

Become a Warwickshire Food Champion

Help to promote affordable, healthy, and sustainable food choices.



**REUSE
REPAIR
REFUSE
REDUCE
RECYCLE**

RISE UP AGAINST FOOD WASTE

GUARDIANS - OF GRUB -

Galanos Goes Green

ROYAL BRITISH LEGION

THINK
Before you print.
Please consider the environment before printing this email.





Coronavirus (COVID-19)

20 SEC

HELP STOP THE SPREAD AND STAY HEALTHY

GOOD HYGIENE IS IN YOUR HANDS.

A circular graphic with a light blue background. At the top, it says "Coronavirus (COVID-19)". Below that is an illustration of hands being washed with water and soap bubbles. To the right of the hands is a clock icon with "20 SEC" inside. Below the clock is a dark blue speech bubble that says "HELP STOP THE SPREAD AND STAY HEALTHY". At the bottom, it says "GOOD HYGIENE IS IN YOUR HANDS." in bold, dark blue letters.

Traditional Gloves

- ✗ Takes 200+ years to break down
- ✗ Crowds landfills & harms wildlife
- ✗ Leaves behind microplastics and leeches toxic chemicals

Gloves Off

At Galanos house we are pleased to be supporting the local CWIB IPC team (supported by NHS England 2018) to raise awareness for the 'Gloves are off' campaign.

This aims to improve safety by ensuring that residents and their families are seen by staff with clean hands.

The aims of the project are to

- Reduce transmission of associated infections and prevent possible hospital admissions.
- Staff to improve hand hygiene compliance in our home.
- Staff to have improved skin integrity/dermatitis.
- Improve environmental impact as gloves are not biodegradable.
- Reduction in PPE costs keeping within budgets.
- Staff to have better understanding what tasks may require use of gloves.
- Improve our IPC standards.

Go gloves off



Germs are everywhere and live in all parts of the environment and in and on our bodies. Many germs are good and work with our bodies to keep us healthy.

Healthy skin is a natural barrier that germs cannot usually get through, however, if there is a break in the skin or the skin is thin and fragile, germs can get in and cause infections.

Hand hygiene

Hand Hygiene is an effective and sustainable way to prevent the spread of germs. Choosing hand hygiene instead of gloves is a protective way to protect vulnerable residents and staff in the workplace.

Risk Assess

'If its wet, sticky, and not yours, wear gloves'.

Gloves off: You don't have to wear gloves when...

- 1 Checking blood pressure and temperature
- 2 Dispensing medication to a patient
- 3 Handing out and collecting meal trays
- 4 Touching a patient
- 5 Making and handing out beds
- 6 Pushing a chair, trolley or bed and mobilising a patient
- 7 Using a phone or computer



Infection Prevention. Control.
You're in safe hands

Hand Hygiene Audit Tool for Care Homes

Action

- This audit tool can be used as a rolling programme of audit of compliance with your Hand hygiene Policy. Please ensure that all staff should be assessed for hand hygiene technique on at least an annual basis.
- Please use additional copies of this form as necessary.
- All columns should be completed.
- During clinical situations, where possible, staff should be observed undertaking 'Key Moments' – see overleaf.
- During non-clinical situations, e.g. assessing hand hygiene technique after a team meeting, tick N/A in the 'Key Moment' column.
- In the event of non-compliance, action plans should be produced and reviewed regularly.
- Completed audit tools should be kept locally for good practice assurance and as evidence for CQC inspections.

NOTES:

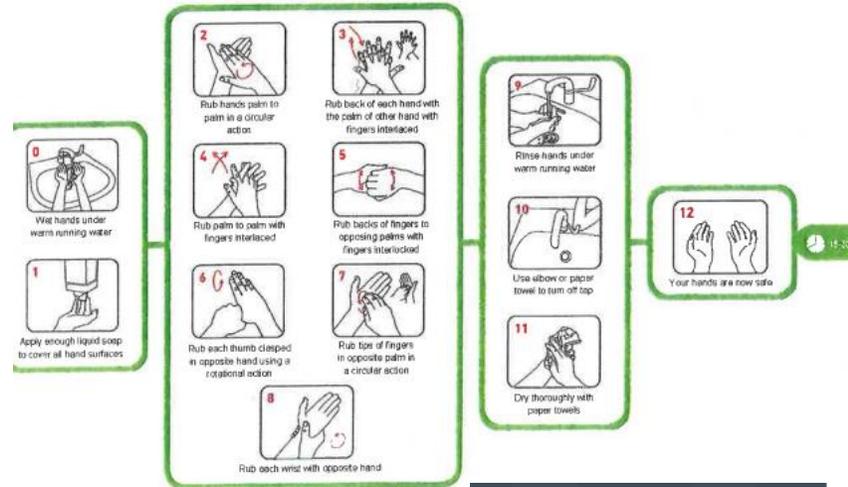
* Staff should be 'Bare Below the Elbows' (BBE) when delivering direct care to service users. BBE is being free from long-sleeved clothing, wrist and hand jewellery (other than one plain band ring). Long sleeves, if worn, should be rolled or pushed up to the elbows. Finger nails should be short and clean, no nail varnish, false or acrylic nails, nail extensions or nail jewellery.

**Refer to the 'Hand Hygiene Technique for Staff' poster overleaf.



AND HYGIENE TECHNIQUE FOR STAFF

using liquid soap and warm water



Community Infection Prevention and Control
Ipswich and District NHS Foundation Trust — www.infectionpreventionandcontrol.co.uk
July 2016

GALANOS HOUSE - Skin Care

HOW TO USE THE RECONDITIONING CREAM & SOAPS PROVIDED

NOTE: GALANOS HOUSE USE DIVERSY DERMASOFT SOFT CARE (H9), WHICH IS SUITABLE FOR ALL ENVIRONMENTS.

Non greasy lanolin free reconditioning cream, non fragranced whilst containing moisturisers

Follow the steps shown






Take your gloves off

Join us in a regional initiative to **Take Your Gloves Off**. This aims to improve hand hygiene and skin integrity, reduce waste and improve our sustainability




STOP!

Do you need to use gloves?

- ✓ In contact with blood, body fluids, broken skin or mucous membrane
- ✓ In contact with hazardous chemicals

Go gloves off

As part of Galanos House Green Team work, we highlighted not only the cost of purchasing gloves but also the environmental impact of glove disposal. We estimated that we used approx. 600 boxes of gloves with a cost of around £1500-1800 per month. Latex gloves can take 5-10 years to degrade with vinyl and nitrile taking decades.

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Risk Assess 'If its wet, sticky, and not yours, wear gloves'.



Infection Prevention & Control 'Gloves off Campaign' Training



Care Home bespoke training

Following the successful Say No to Infection Accreditation training, Coventry & Warwickshire Infection Prevention & Control team are pleased to announce the launch of the 'Gloves off Campaign'



To Glove or not to Glove?
That is the question?

Did you know?

Gloves are one of the most common single-use plastic items in healthcare.

Between 25/02/23 and 30/05/23 - 7,368,402,000 gloves were supplied

60% of glove use is inappropriate and puts the Earth and patients at risk.

What is the 'Gloves off Campaign'?

The 'gloves off Campaign' is an interactive training session that will help to develop your understanding of

'To Glove or not to Glove?'

It will cover the following topics:

- What is the sole purpose of gloves?
- Gloves and the impact on the environment and climate change.
- Infection risk and gloves
- Gloves risk assessment
- When gloves are not required.



Make that change

Protect the environment by risk assessing the need to wear gloves.

Interest in the training and booking forms can be obtained by emailing the IPCT directly, via our email address as follows: cw.ipc@nhs.net



We look forward to working with you.



Pre gloves off 500+ boxes of gloves ordered per month

Now 25 boxes plus 'marigolds'

