

Hand hygiene compliance: Monthly Audit Tool for Care Homes

Action	<ul style="list-style-type: none"> This Audit Tool should be used as a monthly rolling programme of audit of compliance with your 'Hand hygiene Policy'. All staff should be assessed for hand hygiene technique on at least an annual basis. All columns should be completed. During clinical situations, where possible, staff should be observed undertaking 'Key Moments' – see overleaf. During non-clinical situations, e.g. assessing hand hygiene technique after a team meeting, tick N/A in the 'Key Moments' column. In the event of non-compliance, action plans should be produced and reviewed regularly. Completed audit tools should be kept locally for good practice assurance and as evidence for CQC inspections. 	<p>NOTES:</p> <p>* Staff should be 'Bare below the elbows' (BBE) when delivering direct care to residents. BBE is being free from long-sleeved clothing, wrist and hand jewellery (other than one plain band ring). Long sleeves or religious bangles, if worn, should be pushed up and secured at the elbows. Disposable over-sleeves, if worn must be disposed of before performing hand hygiene. Finger nails should be short and clean, no nail varnish, false or acrylic nails, nail extensions or nail jewellery.</p> <p>**Refer to the 'Hand hygiene technique for staff' Poster overleaf.</p>
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Auditor		Unit/location		Date	
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Observation	Staff member being observed	'Key Moments' Was the opportunity taken to clean their hands at each moment	Staff are 'Bare Below the Elbows'*	Cuts and grazes are covered with a waterproof plaster	The correct hand hygiene technique is used when cleaning hands**	Paper towels are disposed of without touching the waste bin lid
No. 1		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 2		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 3		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 4		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 5		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 6		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 7		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 8		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 9		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
No. 10		Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>


KEY MOMENTS FOR HAND HYGIENE


Your 5 moments for hand hygiene at the point of care





1 BEFORE RESIDENT CONTACT	WHEN? Clean your hands before touching a resident when approaching him/her. WHY? To protect the resident against harmful germs carried on your hands.
2 BEFORE A CLEAN/ASEPTIC PROCEDURE	WHEN? Clean your hands immediately before any clean/aseptic procedure. WHY? To protect the resident against harmful germs, including the resident's own, from entering his/her body.
3 AFTER BODY FLUID EXPOSURE RISK	WHEN? Clean your hands immediately after an exposure risk to body fluids (and after glove removal). WHY? To protect yourself and the healthcare environment from harmful resident germs.
4 AFTER RESIDENT CONTACT	WHEN? Clean your hands after touching a resident and her/his immediate surroundings, when leaving the resident's side. WHY? To protect yourself and the healthcare environment from harmful resident germs.
5 AFTER CONTACT WITH RESIDENT'S SURROUNDINGS	WHEN? Clean your hands after touching any object or furniture in the resident's immediate surroundings when leaving—even if the resident has not been touched. WHY? To protect yourself and the healthcare environment from harmful resident germs.

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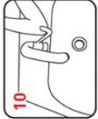










9 Rinse hands under warm running water




10 Use elbow or paper towel to turn off tap




11 Dry thoroughly with paper towels




3 Rub back of each hand with the palm of other hand with fingers interlaced



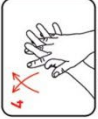
5 Rub backs of fingers to opposing palms with fingers interlocked




7 Rub tips of fingers in opposite palm in a circular action




2 Rub hands palm to palm in a circular action




4 Rub palm to palm with fingers interlaced



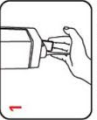
6 Rub each thumb clasped in opposite hand using a rotational action



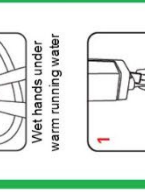
8 Rub each wrist with opposite hand



0 Wet hands under warm running water



1 Apply enough liquid soap to cover all hand surfaces



12 Your hands are now safe

Hand hygiene technique for staff

- If using liquid soap and warm water, use all steps.
- If using alcohol handrub, use steps 2-8.

Harrogate and District NHS Foundation Trust, Community Infection Prevention and Control,
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Adapted from WHO's Health Organization Guidelines on Hand Hygiene in Health Care and National Patient Safety Agency