

Preventing falls and staying well

Thursday 14 December 11am – 2pm

The Beach Hotel, The Avenue, Minehead, TA24 5AP

Visit our 'Sloppy Slippers' roadshows across Somerset for a complimentary pair of slippers designed for stability. Find out more about the community support in Somerset to help improve your strength and balance.

Partners in attendance:

- Somerset Activity and Sports Partnership (SASP)
- NHS Somerset
- Somerset Sight
- Medeguip
- Age UK Somerset
- Health and Wellbeing Coaches for Living Better
- The Beach Wellness
- CCS Village Agent